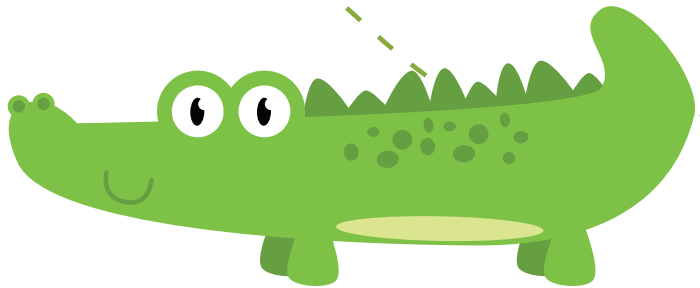


Neonatal therapy



Your baby is doing important work right now! All babies have “developmental milestones” like sitting, crawling, walking and talking. Babies are expected to develop these skills by a certain age. Premature babies also have developmental milestones.

Your baby may be seen by a neonatal therapist to help them gain the skills and milestones they would develop if still in the womb.

Neonatal therapists are an integral part of our Regional Level III Neonatal Intensive Care Unit (NICU) and help nurture your growing family. A neonatal therapist is an occupational therapist (OT), physical therapist (PT) or speech language pathologist (SLP) who helps your baby grow strong enough to go home!

What can neonatal therapists help you do?

- Understand your baby’s language or cues
- Understand how to comfort your baby
- Experience bonding activities, like skin to skin
- Understand what your baby can see, hear, feel, taste and smell
- Understand your baby’s movement
- Learn to feed your baby in ways that support lifelong development
- Touch, hold and handle your baby in safe and supportive ways
- Understand how your baby is developing
- Learn parenting techniques
- Understand safe sleep recommendations
- Provide information and/or referrals to therapy resources in the community

If you have questions or want to talk about your baby’s development, please ask to meet with your baby’s neonatal therapist.